COMMITTEE OF PRESIDENTS OF MEDICAL COLLEGES

National Health Summit on Obesity – Draft Program v#2

RACGP House
100 Wellington Parade
East Melbourne
Victoria 3002

Wednesday 9 November 2016
The aim of the Summit is to **not** dwell on how big the problem is but focus stakeholder thinking on:

- What actions does the evidence support for preventing and addressing obesity in the community.
- What initiatives are already in place, so we don’t replicate efforts, but build on them.
- What initiatives can the participant stakeholders undertake individually and jointly within their sphere of action and influence to make a difference in the short, medium and long term that will make a difference.
- What cross system initiatives should be proposed, funded and undertaken with the support of the Council of Australian Governments in the short, medium and long term that will make a difference.
- How to progress these initiatives to maximum effect.
- Who should have responsibility.
DRAFT SUMMIT PROGRAM

09:30am ARRIVAL, MEETING AND GREETING

10-10:15am MINISTERIAL OPENING – key messages - what the Government wants

10:15-10.25am Introduction of the Scientific Advisory Group and outline the objectives of the day – Professor Nick Talley

10:25-10.55am Opening

10.55–11:25am WHAT IS THE AVAILABLE EVIDENCE? - Professor Andrew Wilson

11:45am MORNING TEA

11:45am-1:15pm WHAT DOES THE EVIDENCE TELL US WORKS? – Panel to focus on the evidence NOT the solutions:

- **Regulatory mechanisms** (eg taxation on sugar, advertising restrictions, food labelling) – Ms Jane Martin
- **Life course considerations** (infancy, childhood, youth, adulthood and aging) – Professor Louise Baur
- **Lifestyle and behaviours** (eg diet, exercise and play) – Professor Tim Gill
- **Environmental considerations** (eg urban and regional planning initiatives) – Professor Rob Moodie – TBC
- **Adjunctive therapies** (including surgery, medication, psychological support and dealing with stigma) – Dr Georgia Rigas

1:15-2pm LUNCH

2:00-3:45pm WHAT MUST WE DO? – Panel to initiate ideas and work with other participants in identifying positive solutions across the social determinants of health:

- **Health professional education and training** (eg curriculum development, undergraduate education and continuing professional development) – Professor Louise Baur
- **Health policy, planning and translation** – local (medical colleges and health associations), COAG (political/policy recommendations to governments for action) – Professor Ian Caterson – TBC
- **Community engagement** – partnering with patients and the community to ensure shared commitment – Ms Jane Martin
- **Effective therapies** - developing clinical advice to provide care to people (eg models of care, clinical pathways) - Jo Porretto – TBC

3:45-4.30pm GETTING IT DONE - HOW TO PROGRESS TO ACTION AND IMPACT? Panel of stakeholder leaders to initiate ideas and work with other participants in identifying the way forward from the Summit in the short, medium and longer term: (Panel to be convened – inspirational health leaders)

4:30pm WRAP UP AND CLOSE