



COMMITTEE OF PRESIDENTS OF MEDICAL COLLEGES

National Health Summit on Obesity Program

RACGP House
100 Wellington Parade
East Melbourne
Victoria 3002

Wednesday 9 November 2016

9.30am – 4.30pm

PROGRAM AIMS

The aim of the Summit is to **not** to dwell on how big the problem is but focus stakeholder thinking on:

- What actions does the evidence support for preventing and addressing obesity in the community.
- What initiatives are already in place, so we don't replicate efforts, but build on them.
- What initiatives can the participant stakeholders undertake individually and jointly within their sphere of action and influence to make a difference in the short, medium and long term that will make a difference
- What cross system initiatives should be proposed, funded and undertaken with the support of the Council of Australian Governments in the short, medium and long term that will make a difference
- How to progress these initiatives to maximum effect
- Who should have responsibility.

SUMMIT PROGRAM

09:30am	ARRIVAL, MEETING AND GREETING
10-10:15am	MINISTERIAL OPENING – key messages - what the Government wants
10:15-10:25am	Introduction of the Scientific Advisory Group and outline the objectives of the day – Professor Nick Talley
10:25-10:55am	OPENING - Episode 1 of <i>The Hollowmen</i> – ‘FAT CHANCE’*
10:55–11:25am	WHAT IS THE AVAILABLE EVIDENCE? - Professor Andrew Wilson - CHAIR: Professor Nick Talley
11.25-11:45am	MORNING TEA
11:45am-1:00pm	WHAT DOES THE EVIDENCE TELL US ABOUT OBESITY AND ITS MANAGEMENT? – FACILITATOR: Amanda Adrian. Panel to focus on the evidence NOT the solutions, with audience input: <ul style="list-style-type: none">• Regulatory mechanisms (eg taxation on sugar, advertising restrictions, food labelling) – Ms Jane Martin – 10 minutes• Life course considerations (infancy, childhood, youth, adulthood and aging) – Professor Louise Baur – 10 minutes• Lifestyle and behaviours (eg diet, exercise and play) – Professor Tim Gill – 10 minutes• Environmental considerations (eg urban and regional planning initiatives) – Dr Melanie Lowe – 10 minutes• Adjunctive therapies (including surgery, medication, psychological support and dealing with stigma) – Dr Georgia Rigas – 10 minutes.
1:00-1.45pm	LUNCH
1:45-2:45pm	WHAT MUST WE DO AND GETTING IT DONE - HOW TO PROGRESS TO ACTION AND IMPACT? – FACILITATOR: Sophie Scott. Panel to initiate ideas and work with other participants in identifying positive solutions across the social determinants of health: <ul style="list-style-type: none">• Health professional education and training (eg curriculum development, undergraduate education and continuing professional development) – Professor Louise Baur• Health research, policy, planning and translation – local (medical colleges and health associations), COAG (political/policy recommendations to governments for action) – Professor Anna Peeters• Community engagement – partnering with patients and the community to ensure shared commitment – Ms Jane Martin• Effective therapies - developing clinical advice to provide care to people (eg models of care, clinical pathways) – Professor Joseph Proietto
2.45 – 3pm	REFRESHMENT BREAK
3:00-4.30pm	Continuing facilitated session working with other participants in identifying the way forward from the Summit in at the practice, policy and political level and in the short, medium and longer term – FACILITATOR - Sophie Scott.
4:30pm	WRAP UP AND CLOSE

* Screening authorised by M Hirsh, Executive Producer, Working Dog.